

**Dr. Anesh Naidoo**

MBChB MMed (Stell) FC (Urol SA) PR. No: 206482

**Dr. Paul Whitaker**

MBChB MMed (Stell) FC (Urol SA) PR. No: 4602234



**WEST COAST UROLOGY**  
a s s o c i a t e s

Suite A1-1  
Netcare Blaauwberg Hospital  
Waterville Crescent  
Sunningdale, 7441  
Tel: 021 554 2976  
Fax: 021 554 2983

Name of proposed procedure (include brief explanation if medical term not clear)	ANAESTHETIC
<p><b>(Rigid ) CYSTOSCOPY AND URETHRAL DILATION IN MEN + BIOPSY IF REQUIRED</b></p> <p>THIS PROCEDURE INVOLVES TELESCOPIC INSPECTION OF BLADDER AND URETHRA AND GENTLE DILATION OF URETHRA AND OCCASIONALLY BLADDER BIOPSY OR REMOVAL OF ABNORMAL AREAS WITH THE USE OF HEAT DIATHERMY.</p>	<ul style="list-style-type: none"> <li>- GENERAL/REGIONAL</li> <li>- LOCAL</li> <li>- SEDATION</li> </ul>

**Serious or frequently occurring risks**

COMMON

MILD BURNING OR BLEEDING ON PASSING URINE FOR SHORT PERIOD AFTER OPERATION  
TEMPORARY INSERTION OF A CATHETER  
NEED FOR SELF CATHETERISATION TO KEEP THE NARROWING FROM CLOSING DOWN AGAIN

OCCASIONAL

INFECTION OF BLADDER REQUIRING ANTIBIOTICS  
PERMISSION FOR TELESCOPIC REMOVAL/ BIOPSY OF BLADDER ABNORMALITY/STONE IF FOUND  
RECURRENCE OF NARROWING OR SYMPTOMS NECESSITATING FURTHER PROCEDURES

RARE

VERY RARELY, PERFORATION OF BLADDER REQUIRING A TEMPORARY URINARY CATHETER OR OPEN SURGICAL REPAIR  
DELAYED BLEEDING REQUIRING REMOVAL OF CLOTS OR FURTHER SURGERY  
INJURY TO URETHRA CAUSING DELAYED SCAR FORMATION